

# Wheat Paste Glue

**1 tbsp plain flour**

**4 tbsp cold water**

**1 tsp salt**

Mix the flour with a little of the water to make a paste and slowly mix in the rest of the water, avoiding creating any lumps.

Put the mixture into a saucepan on medium heat. Whisk continually until the mixture begins to boil and thicken.

When the mixture starts to boil add the salt.

When your mixture has reached a custard-like consistency remove it from the heat and allow it to cool. The paste will thicken as it cools.

Keep in an airtight container in the fridge. Will stay fresh for up to 4 weeks.

